

## Equipment list

### Outdoor activities

- One set of clothes per day (no leggings)
- Warm layers
- Sensible trainers or outdoor shoes
- Warm socks
- Waterproof jacket
- Hat and Gloves
- Hair bobbles for long hair



### Water sports (if you're doing them)

- Clothes you don't mind getting wet (two sets if you're doing raft building and canoeing, no jeans)
- Shoes to get wet
- Spare towel
- A bag for wet things

### Indoor activities

- Long sleeves for archery
- Indoor shoes
- Clothes for disco (if required, no high shoes)

### Optional items

- Waterproof trousers
- Wellington boots
- Torch

### General items

- Towel
- Wash kit (toothbrush, tooth paste, soap, flannel, shampoo, roll on deodorants only)
- Sun cream
- Insect repellent
- Pyjamas (don't forget your teddy)
- Enough underwear and socks for your stay, plus spares in case you get wet.

### A few things to remember

Your clothes may get dirty, so don't bring your best stuff.

Tracksuit bottoms are good for activities, please avoid leggings, jeans and skirts.

No open toed shoes