

## General



**Community Family Care** provide family support services to children, young people and families in Gloucestershire and surrounding areas.

<https://www.communityfamilycare.co.uk/>

**01452 840999**



*We build better family lives together*

**Family Lives** is an all-round site for advice on a wide range of topics, for example:

- pregnancy and babies
- toddler and preschool
- learning • behaviour
- health and development
- wellbeing
- bullying
- your family
- divorce and separation

You can access help through a confidential helpline, live online chat, email support service, parent channel tv, forums, online parenting courses and free mediation for separating couples.

<https://www.familylives.org.uk/>

**0808 800 2222**



**The Family Information Service (FIS)** from Gloucestershire County Council offers a free confidential advice line providing guidance and emotional support on any aspect of parenting and family life.

<https://www.gloucestershire.gov.uk/health-and-social-care/children-young-people-and-families/family-information-service-fis/>

**0800 542 02 02 or 01452 427362.**



**Gloucestershire Families Directory** is operated by Gloucestershire County Council to help families of children and young people find local health and social care services, education, childcare and a wide range of children's and family activities.

<https://www.glofamiliesdirectory.org.uk/kb5/gloucs/glofamilies/home.page>



**Gloucestershire Young Carers** provides a range of services for young carers and their families.

<http://www.glosyoungcarers.org.uk/>

**01452 733060**