## Parenting & Behaviour



**Triple P –** The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behaviour and prevent problems developing.

If you are interested in this course please contact lmcnamee@woodmancote.gloucs.sc.uk

OR for more information visit https://www.triplep.net/glo-en/home/



**Solihull Approach Parenting Courses -** are a team of registered professionals within the National Health Service in the UK, working with practitioners and parents to develop new resources to support emotional health and wellbeing in children, families and adults. *They* are a 'not for profit' organisation.

The Solihull Approach is all about emotional health and well-being.

The sound and well-researched ideas that underpin the Approach are embedded in every aspect of our trainings for practitioners, comprehensive resources and 'Understanding your child' courses for parents.

If you are interested in this course please contact <a href="mcnamee@woodmancote.gloucs.sc.uk">lmcnamee@woodmancote.gloucs.sc.uk</a>

Or for more information visit: https://solihullapproachparenting.com/