



# Content Overview

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
YR	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
First Aid				First Aid – How to call 999 <a href="https://www.youtube.com/watch?v=ZzewVTDas0">https://www.youtube.com/watch?v=ZzewVTDas0</a>		
Stay Safe					Pantasaurus Song and follow up.	
School Specific		Anti-Bullying Week	Visit to the library  Children's Mental Health Week	<a href="https://facts4life.org/resources/teachers-book-primary-4th-edition/">https://facts4life.org/resources/teachers-book-primary-4th-edition/</a>		
Pupil Premium						
Woodmancote Way	Post a letter in a local postbox  Take part in a Nativity Play	Watch a pantomime	Visit the Library	Start to learn to ride a bike  Watch a chick hatch and then care for it.	Invite grandparent's in for an afternoon to see your class	

<b>Y1</b>	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualifies as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
<b>First Aid</b>				First Aid – How to call 999 <a href="https://www.youtube.com/watch?v=kX2pwVxqtIQ">https://www.youtube.com/watch?v=kX2pwVxqtIQ</a>		
<b>Stay Safe</b>				<a href="https://facts4life.org/resources/teachers-book-primary-4th-edition/">https://facts4life.org/resources/teachers-book-primary-4th-edition/</a>	NSPCC – Speak Out Stay Safe KS1 Assembly and follow up.	
<b>School Specific</b>		Anti-Bullying Week	Children's Mental Health Week			
<b>Pupil Premium</b>	Reading Club (ongoing)				Drawing and social club	
<b>Woodmancote Way</b>	Visit the SS Great Britain Watch a pantomime Visit a Cheltenham Festival	Visit Woodmancote Church Visit Cheltenham Synagogue	Meet a famous author	Mark Armistice Day	Sit round a camp fire Represent your House in a competition Represent the school in a sporting event	

<b>Y2</b>	Hopes and fears for the year Rights and responsibilities  Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying  Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals  Perseverance  Learning strengths  Learning with others Group co-operation Contributing to and sharing success	Motivation  Healthier choices  Relaxation  Healthy eating and nutrition Healthier snacks and sharing food	Different types of family  Physical contact boundaries  Friendship and conflict  Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature  Growing from young to old  Increasing independence  Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
<b>First Aid</b>				First Aid – How to call 999 and learning own address <a href="https://www.youtube.com/watch?v=XAuWnu4QbMk">https://www.youtube.com/watch?v=XAuWnu4QbMk</a>		
<b>Stay Safe</b>				<a href="https://facts4life.org/resources/teachers-book-primary-4th-edition/">https://facts4life.org/resources/teachers-book-primary-4th-edition/</a>	NSPCC – Speak Out Stay Safe KS1 Assembly and follow up.	
<b>School Specific</b>		Anti-Bullying Week	Children's Mental Health Week			
<b>Pupil Premium</b>	Reading Club (ongoing)  Hockey Club: R O Coaching				Drawing and social club	
<b>Woodmancote Way</b>	Visit a Cheltenham Festival	Watch a pantomime Meet a famous Author	Learn to play the recorder	Mark Armistice Day	Represent the School in a sporting event Represent your House in a competition	

<b>Y3</b>	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving Success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition
	<b>First Aid</b>	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>
	<b>Stay Safe</b>	Why is First Aid Important?	Asthma	Kindness and coping  <a href="https://facts4life.org/resource/teachers-book-primary-4th-edition/">https://facts4life.org/resource/teachers-book-primary-4th-edition/</a>	Keeping yourself safe – spot the danger  NSPCC – Speak Out Stay Safe KS2 Assembly and follow up.	Bleeding
	<b>School Specific</b>	Life Savers Banking Club	Anti-Bullying Week	Children's Mental Health Week		
	<b>Pupil Premium</b>	Reading Club (ongoing)  Hockey Club: R O Coaching			Additional support for Year Group from Sports Lead	
	<b>Woodmancote Way</b>	Watch a pantomime Visit a Cheltenham Festival	Make a bug hotel Meet a famous author	Build a den as part of a group	Grow and cook vegetables Mark Armistice Day	Represent your school in a sporting event Represent your House in a competition

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>Y4</b>	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour.	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
<b>First Aid</b>		First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>  Why is First Aid Important?	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>  Broken bone	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>  Burns	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>  Choking	First Aid <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>  Head injury
<b>Stay safe</b>				<a href="https://facts4life.org/resource/s/teachers-book-primary-4th-edition/">https://facts4life.org/resource/s/teachers-book-primary-4th-edition/</a>	NSPCC – Speak Out Stay Safe KS2 Assembly and follow up.	
<b>School Specific</b>	Life Savers Banking Club	Anti-Bullying Week	Children's Mental Health Week			
<b>Pupil Premium</b>	Reading Club (ongoing)  Hockey Club: R O Coaching		Year 4 Residential Trip	Yoga Club		
<b>Woodmancote Way</b>	Visit Cheltenham Synagogue Visit a Cheltenham Festival	Run a mile around the school	Stay away from home on a residential trip Watch a pantomime Meet a famous author	Participate in a play in front of other people Mark Armistice Day	Learn basic first aid	Represent your House in a competition

<b>Y5</b>	<p>Planning the forthcoming year Being a citizen</p> <p>Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating</p>	<p>Cultural differences and how they can cause conflict</p> <p>Racism</p> <p>Rumours and name-calling Types of bullying</p> <p>Material wealth and happiness</p> <p>Enjoying and respecting other cultures</p>	<p>Future dreams</p> <p>The importance of money</p> <p>Jobs and careers</p> <p>Dream job and how to get there Goals in different cultures</p> <p>Supporting others (charity) Motivation</p>	<p>Smoking, including vaping</p> <p>Alcohol</p> <p>Alcohol and anti-social behaviour Emergency aid Body image</p> <p>Relationships with food Healthy choices</p> <p>Motivation and behaviour</p>	<p>Self-recognition and self-worth</p> <p>Building self-esteem</p> <p>Safer online communities</p> <p>Rights and responsibilities online Online gaming and gambling</p> <p>Reducing screen time Dangers of online grooming</p> <p>SMART internet safety rules</p>	<p>Self- and body image</p> <p>Influence of online and media on body image</p> <p>Puberty for girls Puberty for boys</p> <p>Conception (including IVF) Growing responsibility</p> <p>Coping with change Preparing for transition</p>
<b>Peer mediation</b>	<p><a href="https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/">https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/</a></p> <p>Introduction</p>	<p><a href="https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/">https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/</a></p> <p>Session 1 – What is mediation? An introduction to the importance of good listening skills.</p>	<p><a href="https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/">https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/</a></p> <p>Session 2 – To practice active listening skills.</p>	<p><a href="https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/">https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/</a></p> <p>Session 3 – To practice holding a mediation session</p>	<p><a href="https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/">https://www.ghll.org.uk/pink-safeguarding-curriculum/pink-curriculum-resources/primary-resources-ghll/peer-mediation-training/</a></p> <p>Session 4 – Practise peer mediation session.</p>	<p>Implement and evaluate.</p>
<b>Stay Safe</b>				<p><a href="https://facts4life.org/resources/teachers-book-primary-4th-edition/">https://facts4life.org/resources/teachers-book-primary-4th-edition/</a></p>	<p>NSPCC – Speak Out Stay Safe KS2 Assembly and follow up.</p>	
<b>School Specific</b>	<p>Life Savers Banking Club</p>	<p>Anti-Bullying Week</p>	<p>Children's Mental Health Week</p>			
<b>Pupil Premium</b>	<p>Reading Club (ongoing)</p> <p>Hockey Club: R O Coaching</p>		<p>Trip to the Houses of Parliament and tour of London</p>	<p>Skillzone Gloucester visit - Life Skills Session</p>		
<b>Woodmancote Way</b>	<p>Visit a Cheltenham Synagogue Visit a Cheltenham Festival</p>	<p>Meet a famous author</p>	<p>Learn about saving and spending money</p>	<p>Mark Armistice Day Represent the school in a sporting event Visit Cleeve School and use their Science labs</p>	<p>Make friends with someone from a different class</p>	<p>Walk on Cleeve Hill Fly a kite</p>

<b>Y6</b>	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition
<b>First Aid</b>					First Aid The recovery position <a href="https://www.sja.org.uk/get-advice/first-aid-advice/unresponsive-casualty/how-to-do-the-recovery-position/">https://www.sja.org.uk/get-advice/first-aid-advice/unresponsive-casualty/how-to-do-the-recovery-position/</a>	<b>First Aid - CPR</b>
<b>Stay Safe</b>				<a href="https://facts4life.org/resources/teachers-book-primary-4th-edition/">https://facts4life.org/resources/teachers-book-primary-4th-edition/</a>	NSPCC – Speak Out Stay Safe KS2 Assembly and follow up.	
<b>School Specific/SMS C</b>	Life Savers Banking Club	Anti-Bullying Week	Children's Mental Health Week		National Memorial Arboretum	
<b>Pupil Premium</b>	Reading Club (ongoing)  Hockey Club: R O Coaching		Year 6 Residential Trip	Skillzone Gloucester visit - Life Skills Session		
<b>Woodmancote Way</b>	Visit a Mosque Visit the National Memorial Arboretum Fundraise for a charity		Stay away from home on a residential trip Earn a Bikeability Badge Camp on the school field	Participate in a play in front of other people	Learn Basic First Aid	